

A stylized, light-colored illustration of a plant with several leaves and a cluster of small, round buds or flowers, positioned on the left side of the page against a dark brown background.

COMPREHENSIVE SEXUALITY EDUCATION (CSE) AND LIFE SKILLS

Zimbabwe's Experiences

CSE and Life Skills in the education sector

- Rolling out of the Life Skills, Sexuality, HIV and AIDS Strategic Plan 2012-2015;
- Teachers and lecturers have been trained in CSE (over 12000 so far) to provide guidance and counselling to prepare learners to develop positive decision making skills and apply them responsibly.
- Under the 2017 New Curriculum Framework – CSE and Life skills now a learning area – examinable >>> manuals for G&C for primary & secondary levels developed (address safe sex education as a component)

CSE and Life Skills in the Community & Health Facility Settings

- The Updated 2016 Edition of the standard ASRH Training Manual has a strong component on CSE and Life Skills, including hygiene for both boys and girls;
- CSE and life skills training also being integrated with Parent-child communication and mentorship community based clubs and currently running an online training on CSE, which include life skills;
- CSE and life skills provision integrated as a key referral service under the Standards on YFSP – adapted from WHO;
- Trained health workers serve as guest speakers during community campaigns and in schools.
- **NB:** Indicators and tools to monitor CSE for out of school remain a gap

Genital hygiene within the VMMC programme

❖ Before Circumcision procedure

- Client encouraged to bath thoroughly and wash under the foreskin

❖ During procedure

- Follow standard surgical protocols on skin preparation of the genital area

❖ After Procedure

- Client educated on genital hygiene during post op counseling
- Education on clean wound care after circumcision.
- Providing clean or sterile dressings to use at home
- Client given flyers on wound care which the following information:
 - Keep the wound dry and the bandage in place for at least two days, the client needs to have salt baths daily from day two; i.e. after the bandage has been removed.
 - Education on avoidance of application of home remedies on the wound
 - Personal cleanliness: keep the genital area dry and to use a fresh pair of clean well fitting undergarments
 - Use tissue to wipe the genitals dry after urinating
 - Wash hands after using the toilet

Genital hygiene within the VMMC programme

- Client given flyers on wound care which the following information:
 - Keep the wound dry and the bandage in place for at least two days, the client needs to have salt baths daily from day two; i.e. after the bandage has been removed.
 - Education on avoidance of application of home remedies on the wound
 - Personal cleanliness: keep the genital area dry and to use a fresh pair of clean well fitting undergarments
 - Use tissue to wipe the genitals dry after urinating
 - Wash hands after using the toilet

❖ Subsequent visits

- Service providers reinforce education on genital hygiene

❖ Community involvement

- Health providers and mobilisers educate communities on importance of maintaining personal hygiene

The background features a subtle, light-colored floral pattern with several stems and leaves, rendered in a soft, almost ethereal style. The pattern is centered and occupies the right half of the frame.

THANK YOU