



# Male Circumcision

*a Man who Cares*



**Objective:** *To address opposition to MC due to tribal affiliation.*

- What do you see here?
- Do you recognize that this is a Mukanda from Northwest Province?
- Did you know that this traditional practice has provided some protection of these tribes from HIV and in fact the Northwest province has relatively low HIV prevalence.
- Now the government is advocating that all tribes begin circumcising men.
- (Mention/show evidence if local tribal leaders have endorsed it.)

**Action:**

Referral Flyer,  
Book appointment

**Key Messages:** *HIV does not discriminate by tribe, but practices like circumcision help prevent transmission*



Objective: *To dispel fears about pain*

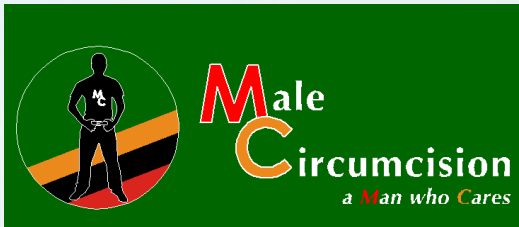
- What do you think about this picture?
- Can you tell this man has just received a medical circumcision?
- Notice that he looks fine and not in pain.
- Pain is prevented by:
  - The penis is numbed before the procedure (like when you go to the dentist?)
  - Afterwards, you are given Paracetamol and some extra to take home for the following day.
  - You are advised to drink lots of water so if you get an erection you can go urinate.

### CLIENT TESTAMONIAL

- Is there anyone here that has had a **medical** circumcision?
- Can you tell us about the pain?
- How long did it last?

**Action:** Referral slip  
Book appointment

**Key Messages: *Pain is greatly minimized by medicine and doesn't last long at all.***



Objective: *To show what the penis will look like after male circumcision and discuss the benefits*

- What do you think about the circumcised penis versus uncircumcised one?
- What are the benefits of removing the foreskin?
- Partial prevention – no entry-point for virus
- Penis head is dryer and thicker
- Helps keep the penis clean
- Prevention of cervical cancer in your partners.

**Action:** Referral Flyer  
Book appointment

**Key Messages** *Your penis will be better able to combat infections.*

Penis A  
Uncircumcised penis



Penis C  
Circumcised



Objective: *To inform the TG about the MC process, what will take place the day of the procedure.*

## CLOSE-ENDED

Here are the steps in the MC process:

1. Receptionist will greet you and help you fill in forms (all information is confidential.)
2. **Group education** session to learn more about the process.
3. Private **HIV counseling and testing** session
4. A physical exam (**assessment**) to ensure you are healthy enough for the procedure.
5. Prepared for procedure including a **numbing injection** so you won't feel any pain.
6. Then you will have the **procedure** (about 30 minutes)
7. Wait in a **recovery room** for another 30 minutes.
8. **Given paracetamol** to control any pain (and also given some to take on the following day.)
9. Finally, you will see a counselor again to answer any further questions and explain about follow up care and visits.

## OPEN-ENDED

- Has anyone here gone for medical circumcision or knows someone who has gone?
- Can you explain what happens from what you have experienced or heard?
- What happens first?
- Then what? Etc..

**Action:** Referral Flyer  
Book appointment

**Key Message:** *You will get same day service.*



# Reception

Counseling

Group  
Education



Recovery

1-on1  
Counseling &  
Testing

Procedure

Assessment



**Objective: *To inform the TG about healing time, when they need to return to the clinic for follow up care and dispel all fears about long recovery time.***

Healing time after the procedure is short: Here is what will happen:

**DAY 1:** You can have same day service at the clinic

**DAY 2:** You should rest at home

**DAY 3:** You must return to the clinic

**DAY 4-7:** Normal daily activity including school and work

**Day 8:** Return to the clinic

- Complete recovery takes 6 weeks in total
- Must abstain from sex for full period
- You can make it!
- Having sex too early can be risky for you and your partner and may cause pain.

**Action:**

Referral Flyer  
Book  
appointment

**Key Messages** *Recovery time is generally very short and does not require taking a lot of time off of work. However, it is important to abstain from sex for 6 weeks after the procedure.*

# Healing Time



Day 1



Day 2



Day 3



Days 4-7



Day 8

Abstain from sex for 6 weeks

**Objective: *To give confidence in the quality of MC services provided at SFH sites.***


You can see from these pictures:

- MC is performed in a **high quality and hygienic facility** in both static and even mobile sites.
- The procedure is performed by well **trained and experienced medical professionals**.
- You will get **same day service**. It's first come, first served, so get there early so you can leave early.
- Both male and female providers are available upon request.

**Action:**

Give Referral Flyer  
Book appointment

**Key Messages: *SFH male circumcision providers are well-trained and have a lot of experience providing MC.***



**Male  
Circumcision**  
*a Man who Cares*



## Lusaka

MC Chachacha Site,  
Stand 52 Chachacha Rd,  
Tel: 260-211-220085, Cell: 0977781753  
Email: joseph.masiye@yahoo.com

## MC YWCA Site

Stand 7391, YWCA Centre Nationalist Rd.  
Tel: 260-211-257558, Cell: 0977 874 364,  
Email: trinitynyangu@yahoo.com

## Solwezi

MC Centre  
Plot No. 1243, Kansanshi Rd  
Tel: 260-218-821038, Cell: 09666238728  
Email: sambochat@gmail.com

## Chipata

MC Centre  
Plot No. 1432 Parenyantwa Rd  
Tel: 260-216-221570, Cell: 0977798049  
Email: jimjah2000@yahoo.com

## Kitwe

Mpezeni Site  
10 Mpezeni Avenue  
260-212-228746, Cell: 0977 206 525,  
Email : sinyizalewis@sfh.org.zm

## Livingstone

MC Obote Site  
Plot No. 52 Obote Rd  
Tel: 260-213-322992, Cell: 0977421260  
Email: mazila.titus@yahoo.com

## Mongu

Newstart Site,  
Plot 631, Lusaka Rd, Namboard Area  
Tel: 260-217-221720, Cell: 0977725114  
Email: mmmshindano@live.com







## Jubani:

Age: 18-25

Income: mid-low.

*Lives at parents' home.*

*Has a steady girlfriend.*

*Is a student at a Technical College.*

*Has heard about MC from friends. Wants to go for MC but is afraid of the pain, bleeding, and a bad result.*

*Fears losing respect of peers. Worries about pregnancy & HIV.*

*Dreams of graduating & finding a job.*

*Wants to make his parents proud.*

## Hot Spots:

Schools/colleges, Universities, Worksites, Markets, Bus Stations, Church

