

Male Circumcision



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Introduction

- Say hello and explain that you will be talking and answering questions about male circumcision

Questions

- What do you already know about circumcision?
- What would you like to know about male circumcision?

Talking points

- Circumcision is a matter of health and hygiene
- Being circumcised increases protection for HIV, penile cancer and also cervical cancer in women
- It is more convenient to do it before becoming sexually active



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How much will
it hurt?



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Questions

- What have you heard about pain related to circumcision?
- What concerns do you have about pain?

Talking points

- A local anesthesia (pain killer) is given through an injection so you won't be able to feel the surgery
- The only pain will be the injection, and no need to worry, the injection is NOT on the penis
- Pain killers are also provided for the days after the procedure
- Follow up revisions are done to make sure everything goes fine



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The Risks



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Questions

- What do you think the risks of being circumcised are?
- Have you heard about risks from boys or men who have circumcised or are they loose opinions?

Talking points

- There may be some discomfort during the recovering period
- If instructions are not followed correctly, there may be some bleeding
- There are minimum chances of reactions to anesthesia
- Even if any serious effects happened, there is follow up care available





The Benefits



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Questions

- What do you think are the benefits of being circumcised?

Talking points

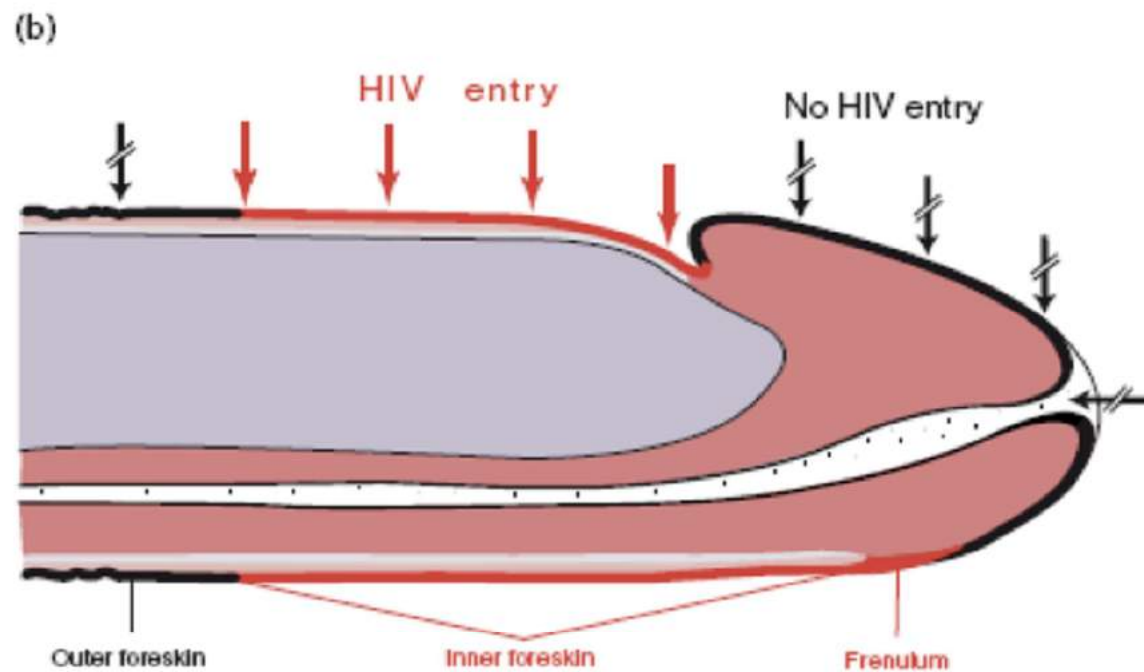
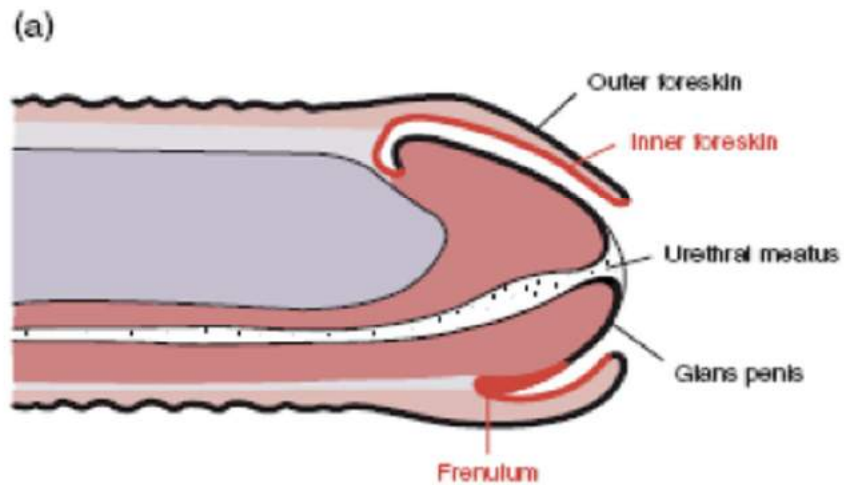
- Benefits have to do both with HEALTH and HYGIENE
- It is easier to keep the penis clean
- There is reduced chance to get HIV and other sexually transmitted disease
- Risk to develop penile cancer is reduced
- Risk of female sexual partner to develop cervical cancer is also reduced
- You will be more open to circumcise your sons when you become a father



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How does
circumcision
reduce HIV
transmission



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Questions

- Can somebody explain how circumcision reduces the risk of acquiring sexually transmitted infections, including HIV?

Taking points

- The inner surface of the foreskin provides easy entry for HIV
- Circumcision is the COMPLETE removal of the foreskin
- If you are circumcised HIV has to work much harder to get into the body
- However, even with circumcision HIV may be able to enter the body, that is why it is so important to use a condom when having intercourse



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When can I play soccer again?



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Questions

- What have you heard?
- How long do you think you have to wait?

Talking points

- Overall, you should be fit for physical activity after 7 days
- Nevertheless if you experience some pain after those 7 days, don't engage in any sports until there is no more pain
- During those first 7 days when you are resting, it is very important to clean your penis at least twice a day and always have clean underwear



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So how do I get circumcised?



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The Male Circumcision Process

1

- First you need to register, when we are done you give me your name and phone number. Remember if you are under 18 you need your parents to sign a consent form. You can register today and bring the consent later

2

- You will be informed of the date that you will go to the clinic. Free transport will be available

3

- Once you get to the clinic you will talk to a counselor and you will be encouraged to take an HIV test (I will explain why later)

4

- There will be other clinical examination such as taking your blood pressure and any tests that the doctor thinks appropriate. If everything is fine you will go into the procedure

5

- The surgical procedure takes place for a few minutes and then you will be moved to the recovery room

6

- When you have rested and everyone from your group is ready, you are taken back to the point where you were picked up

7

- Follow-up visits will take place after two and seven days. Free transport will be available again



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The importance of HIV testing



Questions

- Why do you think testing for HIV is important before circumcising?
- Do you have any concerns about testing?

Talking points

- Testing for HIV is NOT mandatory but is strongly encouraged
- If you happened to be HIV positive and your CD count is low it is not a good idea to circumcise because you will have issues with healing; you would need to circumcise at a later date if you still want to
- If you happened to be positive it is best to know early to get treatment and live a healthy life
- There will be a counselor available when you test



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And why are girls
part of this discussion



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Questions

- Why do you think girls are involved in this discussion?
- Why should girls be involved in male circumcision?

Talking points

- Although circumcision mainly protects the man, as a result of fewer male HIV infections, women have fewer chances of getting involved with a man who could potentially infect them
- It has been proven that women who have sexual relations with circumcised males have fewer chances of developing cervical cancer
- Young boys who are circumcised aren't any better than their female counterparts, yet they are showing more sensitivity than uncircumcised boys



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**OK! Who wants to
circumcise?**



**If you have further questions or concerns
call 977 free of charge**



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Questions

- Are there any questions or concerns I did not address?

Talking points

- If there are questions or issues that could not be addressed, the School Champion will look for answers and/or experts who can answer them
- One possibility is to call 977 free of charge to clarify questions or concerns
- Those who are interested can register now and take the consent form if they need one to discuss with their parents
- If somebody has not decided, they can register later on



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