What is MENHT?

For any of you who might be relatively new to the group, the Men & HIV Technical (MENHT) Working Group is a standing body of stakeholders and partners who seek to support global and country-level engagement, knowledge exchange, and capacity building around services for men across the HIV cascade. Our objectives are:

- To curate and share information related to improving outcomes for men across the HIV cascade. Our first few recent webinars focused on men and pre-exposure prophylaxis (PrEP).

Historically, PrEP programs have been focused on reaching key populations. But interest in PrEP for men is increasing, so much so that we needed more than one webinar to feature all of the programs and strategies to improve HIV outcomes among men across the cascade. Our two most recent webinars focused on understanding the unique barriers and facilitators that men face in getting testing, identifying their HIV status (87% for men vs 91% for women), initiating treatment (78% for men vs 85% for women), and reaching viral suppression (72% for men vs 79% for women). In SSA, HIV cascade data shows that men are less likely than women to know their HIV status (87% for men vs 91% for women), initiate treatment (78% for men vs 85% for women), and reach viral suppression (72% for men vs 79% for women).

Lukwago Kenny from Ali in Zambia outlined a strategic framework for engaging men living with HIV in treatment and retention and highlighted barriers and drivers of HIV care among men living with HIV, as identified through interviews and focus groups.

Strategies to improve PrEP uptake among men: A QM study in DRC and Zambia. Understanding the barriers and motivators that lead to PrEP initiation and sustained use, and how to implement effective strategies to improve PrEP uptake among men, were the focus of several presentations.

Recent publications

- Understanding the barriers and motivators that lead to PrEP initiation and sustained use, and how to implement effective strategies to improve PrEP uptake among men, were the focus of several presentations.