

South Africa

Prevention service packages and delivery platforms: sex workers and adolescent girls & young women

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Presentation Overview

- Context
- Instructive policies and guidelines
- Sex Workers
 - Service Package
 - Models of service delivery

- Adolescent girls and young women
 - Service Package
 - Service delivery platforms



Context

- Approximately 7.9 million people of all ages (0+ years) were living with HIV (PLHIV) in South Africa in 2017*.
- HIV prevalence among adults aged 15 to 49 years in South Africa is 20.6 percent; 26.3 percent among females and 14.8 percent among males*.

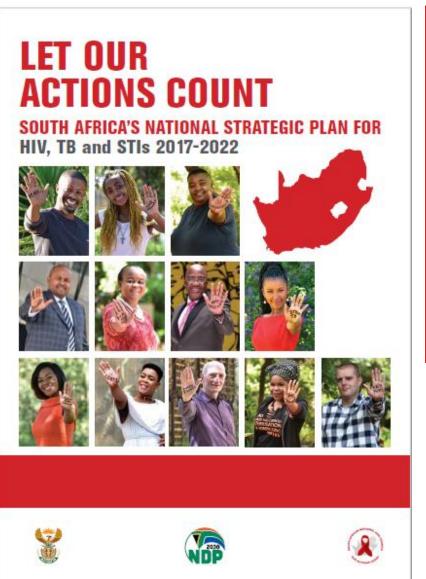
Sex Workers

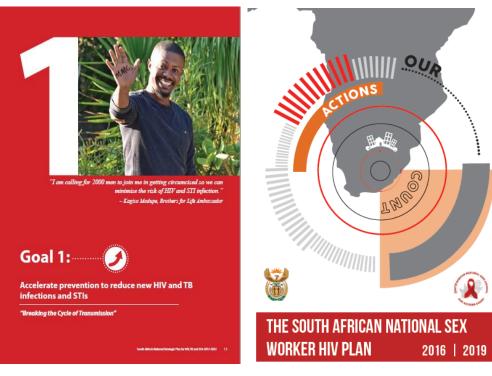
- There are ~153 000 sex workers in the country (138 000 are female)
- HIV prevalence ranges from 40%-88%
- Sex workers and their clients
 account for upwards of 6% of all
 new HIV infections in the country

Adolescent girls and young women

- Every week in South Africa ~1300
 AGYW are newly infected with HIV
- Disparity in HIV prevalence by sex is most pronounced among young adults: HIV prevalence among 20 to 24 yearolds is three times higher among females (15.6%) than males (4.8%)*

Instructive policies and guidelines







Sex Workers: package of services

HEALTH CARE SAFER SEXUAL PACKAGE **BEHAVIOUR PSYCHOSOCIAL** SERVICE INCREASE COVERAGE AND PACKAGE ACCESS TO CORE PACKAGE OF SERVICES - DECREASED INCIDENCE OF HIV. PEER EDUCAT A LONG AND HEALTHY LIFE FOR ALL STI'S AND TB DECREASED **HUMAN RIGHTS** SEX WORKERS, THEIR CLIENTS, - DECREASED MORTALITY DUE TO EXPOSURE **PACKAGE** NON-COMMERCIAL SEX PARTNERS HIV, STI'S AND TB TO HIV. STI'S AND CHILDREN - REDUCED HUMAN RIGHTS AND TB VIOLATIONS EXPERIENCED BY SEX FOSTER ENABLING **ENVIRONMENT** SOCIAL CAPITAL BULDING DECREASED EXPERIENCE OF **ECONOMIC** VIOLENCE, STIGMA **EMPOWERMENT** AND DISCRIMINATION

The programme utilises a comprehensive combination prevention approach to sex workers using a peer education approach

Sex Workers: model of service delivery

A 3-tiered delivery approach is proposed, supported by peer educators based on the density of sex workers in the given area:

Tier 1 (<500 sex workers per district): mobile services delivered at hotspots and on streets where sex workers operate, supported by outreach teams

- Outreach teams consist of sex worker peer educators and clinical staff (as necessary)
- Prevention, screening and treatment are delivered at the hotspots

Tier 2 (>3000 sex workers per district): dedicated key populations clinics offering dedicated sex worker services

- Flexible working hours to accommodate sex worker activities and risk
- Emergency PEP, family planning, emergency contraception, rape services

Tier 3 (500-3000 sex workers per district): combination of mobile services; fixed clinic services and outreach teams

Adolescent Girls and Young Women: Core Package of Interventions



*Core Package Interventions

Biomedical Interventions

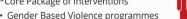
- HIV Testing Services
- HIV prevention services (combination prevention)
- Treatment adherence programmes
- Sexual Reproductive Health Services
- Contraceptive services
- · Antenatal & postnatal services: HTS, PMTCT, UTT
- · GBV services: Screening, Counselling & Support,
- · Substance abuse programmes (Prevention, treatment, rehabilitation)
- Psychosocial support should form part of all intervenions provided

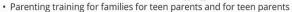
Behavioral & Structural Change Interventions

- Risk reduction programmes for high risk groups (Steppining Stones, Prepare,)
- · Community mobilisation and norms change programmes
- · Parenting programmes (Families matters, Sinovyo, Thula Sana, Skhokho)
- · Coping and adjustment with stigma and discrimination (Community Action Model,
- Career guidance and support (Techno Girls, lifeskills Skokho for schools))
- · Economic empowerment
- Positive discipline for teachers

15-23 Positive Girls & Women

*Core Package of Interventions





- Substance abuse programmes (Prevention, treatment, rehabilitation)
- Expanded public works employment programme
- Additional support for teen parents (WBOTS)
- Increasing the AYFS services

<19 Girls & Boys in School

*Core package of interventions

Integrated School Health Services

- HIV testing services
- Sexual reproductive health services
- · Condom distribution on request
- Contraception on request
- · Pregnancy test & referral
- Emergency contraception
- Referral for male medical circumcision
- · Referral for termination of Pregnancy
- Information, education & communication (SRH, sexuality, HIV. VMMC substance abuse. abuse, bullying, GBV, gender relations)
- Life skills orientation (scripted lessons)

National school nutrition programme

- · Gender based violence awareness programmes (GEM/BEM DBE)
- · Community social grants to economically vulnerable children
- · After school support programmes
- Keeping girls in school programmes & Tracing of learners dropped out of schools
- · Parenting programmes for families**
- Psychosocial support programmes
- Risk reduction (Respect for you)
- · Incentive schemes for girls that remain in school until matric to access higher education

<19 Girls & Boys out of school

*Core package of interventions



- Parenting training for families for teen parents
- Substance abuse programmes (Prevention, treatment, rehabilitation)
- Expanded public works employment programme
- Additional support for teen parents (WBOTS)
- Increasing AYFS compliant facilities

15-23 TVETS Higher Education



- *Core package of interventions
- Information, education & communication on (SRH, sexuality, HIV, contraception, VMMC, substance abuse, abuse, bullying, GBV)
- NSFAS bursaries increase access
- Economic empowerment, employment and career development programmes
- Support programmes post secondary learners

23-29 HIV Negative Women



- *Core package of Interventions
- Gender Based Violence programmes
- Youth development programmes
- Economic empowerment, employment and career development programmes

23-29 HIV Negative Men





23-35 HIV Positive Men

*Core package of Interventions



23-29 HIV Positive Women

*Core package of Interventions

- Gender Based Violence programmes
- Youth development programmes
- Economic empowerment, employment and career development programmes

Adolescent Girls and Young Women: Service Delivery Platforms







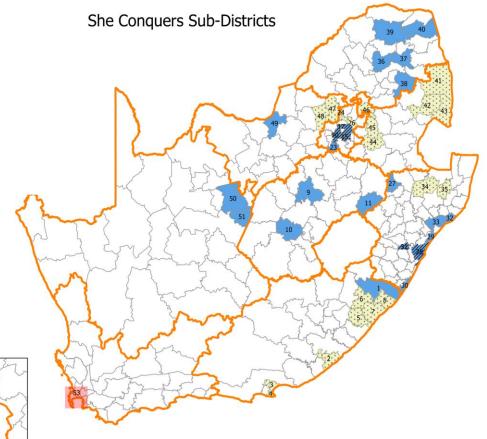




Safe spaces

Implementation leverages on existing government and donorfunded service delivery platforms for AGYW, linked to the population subgroups including male sex partners

- She Conquers has been rolled out in way which focuses for impact
- 22 priority sub-districts have been prioritized for implementation*



*algorithm included: population size, teen pregnancy rates, HIV prevalence, #PLHIV, levels of school drop out & experiences of SGBV



Thank You

