## Global Health Center / Division of Global HIV and TB



# How did we get here? Understanding the evolution of the VMMC program

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### **Overview**

- VMMC bottom line (or, 'why still VMMC?')
- The program to date: the arcs of VMMC programming and guidance, progress, impact, and quality and safety
- Challenges
- Lessons learned
  - Safety
  - Demand Generation
  - Implications for other prevention programs
- What comes next?

### **VMMC** bottom line

# ...or, why (still) VMMC?

- VMMC reduces a man's risk of heterosexual acquisition by ~60% and is a . . .
  - Scientifically proven, programmatically successful,
  - Uniquely cost-saving/cost-effective
  - One-time intervention with lifelong effect, needing no further action from client or health system,
  - Preventing HIV, regardless of future challenges in HIV control programs
  - As well as multiple other sexual health conditions for both men and women
  - And which connects to longstanding African traditions and is popular with men
  - And has shown promise for sustainability.
  - The more VMMCs now, the fewer HIV cases to treat in the future

If we had a one-dose HIV vaccine that was 60% effective today, what should we be doing with it?

## Unique advantages of VMMC among prevention interventions

VMMC	Other prevention interventions		
One-time intervention with lifelong effect	Require ongoing use to maintain effect		
Does not require any behavioral change to work	Require user adherence, including in challenging and sometimes unsafe contexts (condom negotiation)		
Cost-effective in the general population	Some (condoms) can be cost-effective in general population; others, only in specific subpopulations		
Available to all physically mature men 15+ years old without medical contraindications; no behavior disclosure or HIV testing necessary. MSM, PLHIV, and others are welcome.	Necessary eligibility criteria can drive away people averse to testing/disclosing		

Because of its differences from other prevention options, VMMC greatly broadens men's available choices in how to protect themselves.

# Other benefits of VMMC

- A safety net against losing epidemic control
  - Loss of funding, supply chain interruptions, conflict or disasters
  - New PrEP options will take unknown time to scale up and sustainability is unknown
  - Regardless: every VMMC already done keeps decreasing the cost of maintaining epidemic control, every year, for decades

- Other health and health system benefits
  - Substantially decreases risk for many STIs in men and women, and for cervical cancer, saving MoH budgets STI treatment costs
  - Capacity building: most providers are nurses, all of whom now have key surgical skills
  - Entry to health care: no comparable entry point to engage large numbers of men

The program to date:
arcs of VMMC program and guidance,
progress, impact, quality and safety

# VMMC Program Arc (1)

1990-2000:
Decade of
ecological/obser
vational data
suggesting
protective
effect; provided
basis for RCTs

Meta-analysis of 15 studies established protective effect

2005-2007: Goldstandard evidence of efficacy from 3 Randomized Control Trials

RCTs in South
Africa, Kenya and
Uganda found
approximately
60% reduction in
risk of female-tomale HIV
transmission

New Data on Male Circumcision and HIV Prevention:

Policy and Programme Implications

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2007-2009: Translation of WHO

standards of care

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guidance into national policies and

2009-Current:

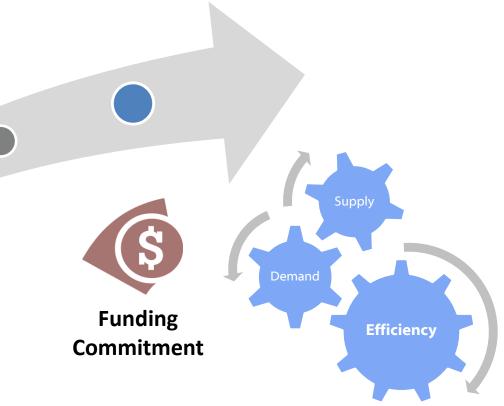
Translation of national policies into practice and expansion to public health scale

# VMMC Program Arc (2)

**2013-Current**: Expansion to public health scale

Clear

**Targets** 



## **VMMC Guidance Arc**

## **Timeline of VMMC Key Achievements and Milestones**

#### 2005-07

Findings published from three randomized control trails that demonstrated the efficacy of VMMC for reducing risk of heterosexual transmission of HIV from women to men by up to 60%.

#### 2011

Launch of WHO Joint Strategic Action Framework for Accelerating Male Circumcision Scale-up.

#### 2016

WHO releases "A Framework for VMMC: Effective HIV Prevention and Gateway to Improved Adolescent Boys' & Men's Health in Eastern and Southern Africa by 2021".

#### 2021

WHO updates framework:
"A Framework for VMMC Effective
HIV Prevention and a Gateway to
Improved Adolescent Boys' and
Men's Health in Eastern and
Southern Africa by 2021".

Evidence base is established for VMMC

Priority countries establish VMMC programs

1.5 million VMMCs performed 3.2 million VMMCs performed

14.5 million VMMCs performed 28 million VMMCs performed

#### 2007-10

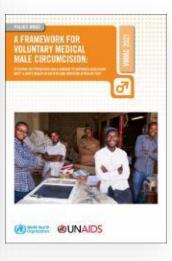
WHO and UNAIDS recommend VMMC for scale-up as an HIV prevention intervention in countries with a high incidence of HIV and a low prevalence of male circumcision.

#### 2012

WHO publishes the "Framework for Clinical Evaluation of Devices for Male Circumcision" helping to establish the standard by which device use should be evaluated.

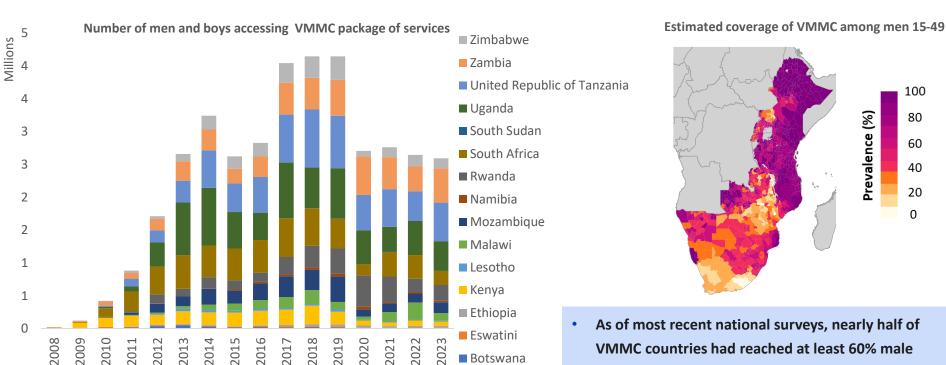
#### 2020

- WHO publishes updated guidelines:
   "Preventing HIV through safe VMMC for adolescent boys and men in generalized HIV epidemic" with a framework to guide the transition to the sustained provision of VMMC services.
- PEPFAR updates its VMMC client age eligibility to 15 years and older.



# Progress to date: increasing coverage...

37.5 million men and boys accessed VMMC package of services by 2023 - But VMMC, other prevention and treatment coverage for men & boys remains far from targets



National and subnational gaps remain

circumcision coverage

# ...but increasing need for VMMC

Population pyramid, total number, in 2022 Sub-Saharan Africa Hub

 As the number of young people aged 15-24 years increases, efforts to provide HIV prevention services to meet their needs must be scaled up to meet the global targets for reducing new HIV infections

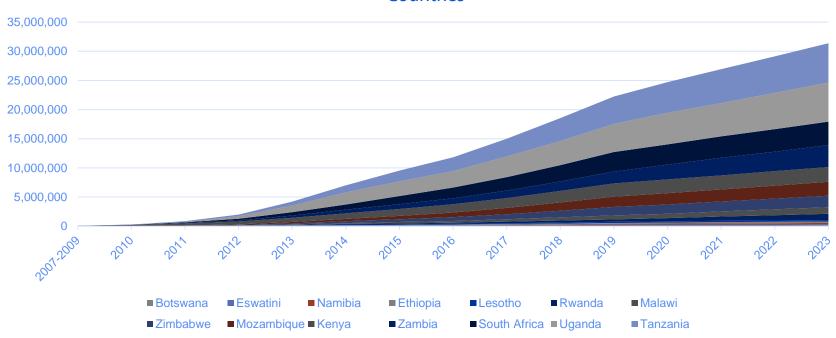
Cancer TODAY | IARC - https://gco.iarc.who.int/today
Data version : Globocan 2022 (version 1.1)

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Image from gco.laarc.who.int/today

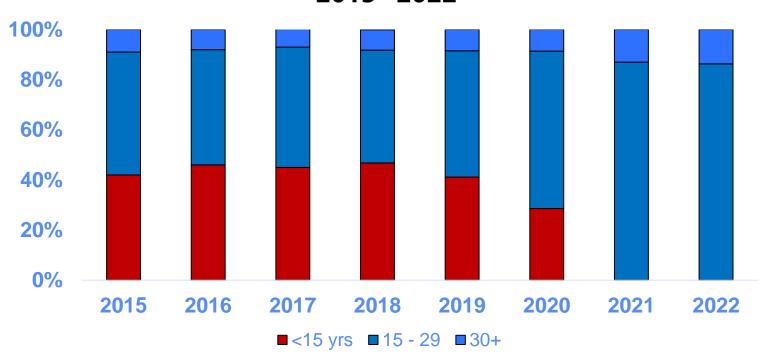
# ~33 million VMMCs supported by PEPFAR

Cumulative PEPFAR-Supported VMMCs by Country, FY 2009-2023, 14 African Countries



# **Significant Shift in Age Profile of VMMC Clients**





- Initial modeling done around program launch found large cost savings from VMMC (vs. ART for prevented infections)
  - e.g. \$16.5B saved from a\$1.5B investment
- Advocacy led to funding allocation to reach coverage targets

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Review

#### Voluntary Medical Male Circumcision: An Introduction to the Cost, Impact, and Challenges of Accelerated Scaling Up

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Abstract: Scaling up voluntary medical male circumcision (VMMC) for HIV prevention is cost saving and creates fiscal space in the future that otherwise would have been encumbered by antiretroviral treatment costs. An investment of US\$1,500,000,000 between 2011 and 2015 achieve 80% coverage in 13 priority countries in southern and eastern Africa will result in net savings of US\$16,500,000,000. Strong political leadership, country ownership, and stakeholder engagement, along with effective demand creation, community mobilisation, and human resource deployment, are essential. This collection of articles on determining the cost and impact of VMMC for HIV prevention signposts the way forward to scaling up VMMC service delivery safely and efficiently to reap individual - and population-level benefits.

southern Africa with settings of high HIV prevalence and low levels of male circumcision [12,13].

PLOS MEDICINE

Male circumcision is the oldest and most common surgical procedure. With 30% of men globally and 67% of men in sub-Saharan Africa circumcised [14], social and cultural factors are the main determinants of acceptability [6,15–18]. In sub-Saharan Africa, male circumcision was found to be acceptable to men and women in non-circumcising communities if readily accessible and provided safely [18]. Mathematical modelling has shown that medical male circumcision is highly cost-effective, with costs to avert one HIV infection ranging from US\$150 to US\$900 using a ten-year time horizon, and one new HIV infection averted for every five to fifteen procedures performed [19].

Given these levels of acceptability, cost, and potential impact, VMMC provided by well-trained, well-equipped providers in hygienic settings should be scaled up rapidly in high HIV

#### Past Success, Present Gaps: VMMC targets, 2011 and today

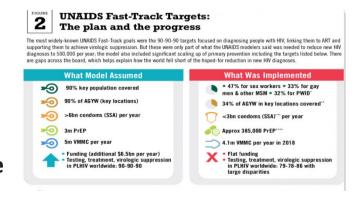




# Aiming for Impact (2) – it's (still) often more expensive

# not to do VMMC

- Subsequent UNAIDS Fast Track aims revised global targets to support HIV incidence reduction goals
- 2023 updates to account for ART and PrEP scaleup using 5 accepted models: VMMC remains cost-effective in almost all scenarios, and cost-saving in many, for at least the next 10 years
- Other models have found VMMC to have lower
   ("better") cost-benefit ratios than the other prevention
   packages modeled, and to be a 'best buy' compared
   with a wide range of health and non-health
   interventions



➤ Lancet Glob Health. 2023 Feb;11(2):e244-e255. doi: 10.1016/S2214-109X(22)00515-0. Epub 2022 Dec 20.

Cost-effectiveness of voluntary medical male circumcision for HIV prevention across sub-Saharan Africa: results from five independent models

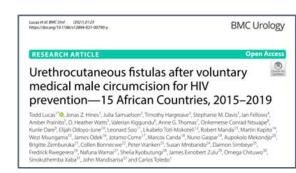
Loveleen Bansi-Matharu <sup>1</sup>, Edinah Mudimu <sup>2</sup>, Rowan Martin-Hughes <sup>3</sup>, Matt Hamilton <sup>4</sup>, Leigh Johnson <sup>5</sup>, Debra Ten Brink <sup>3</sup>, John Stover <sup>6</sup>, Gesine Meyer-Rath <sup>7</sup>, Sherrie L Kelly <sup>3</sup>, Lise Jamieson <sup>8</sup>, Valentina Cambiano <sup>9</sup>, Andreas Jahn <sup>10</sup>, Frances M Cowan <sup>11</sup>, Collin Mangenah <sup>11</sup>, Webster Mavhu <sup>11</sup>, Thato Chidarikire <sup>12</sup>, Carlos Toledo <sup>13</sup>, Paul Revill <sup>14</sup>, Maaya Sundaram <sup>15</sup>, Karin Hatzold <sup>16</sup>, Aisha Yansaneh <sup>17</sup>, Tsitsi Apollo <sup>18</sup>, Thoko Kalua <sup>19</sup>, Owen Mugurungi <sup>18</sup>, Valerian Kiggundu <sup>17</sup>, Shufang Zhang <sup>20</sup>, Rose Nyirenda <sup>21</sup>, Andrew Phillips <sup>9</sup>, Katharine Kripke <sup>4</sup>, Anna Bershteyn <sup>22</sup>

# Prioritizing quality and safety: WHO and overall program

- WHO established quality standards at the onset of the program
- Routine quality assurance and quality improvements assessments are program requirements
  - In addition to procedure, standards include demand creation, M&E, site operations, etc.
- Aim to establish culture of quality and safety
  - AEs are expected to happen
  - Not reporting in not having AEs
  - Minimize number and severity by constant quality improvement

# **Prioritizing quality and safety: PEPFAR**

- In 2015, PEPFAR established the Notifiable Adverse Events Reporting System (NAERS)
- First of its kind, surveillance system to identify safety signals
- Routinely report a subset of adverse events
- Review/consultation to understand identify areas for program improvement
- Purposely disseminate information for transparency and emphasize culture of quality



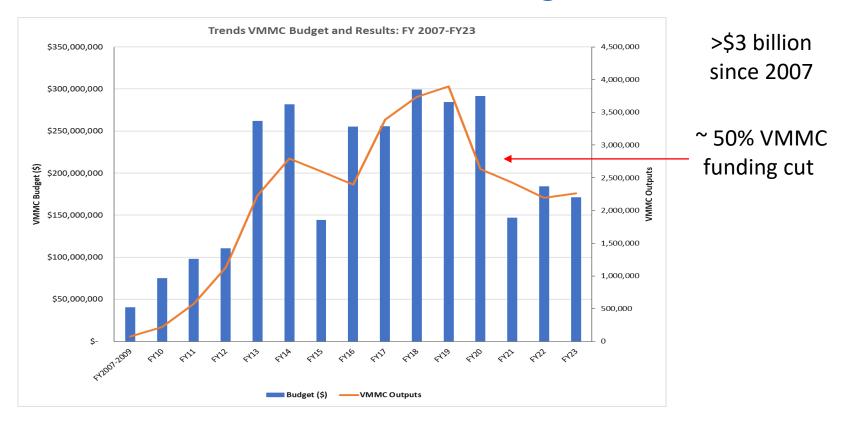


# Challenges, past and present

# **Past: Demand Creation - Persuading Males**

- Strength and weakness of the program from the outset
- Poor initial evidence base to inform demand creation
- Psychology, behavioral economics, commercial marketing disciplines have increased our understanding of male behavior, helping to:
  - (1) segment population across a number of socioeconomic and "psychographic" variables
  - (2) identify each segment's path to VMMC demand creation as a journey, not a single event

# **Present: Annual VMMCs and funding have declined**



# **Lessons Learned**

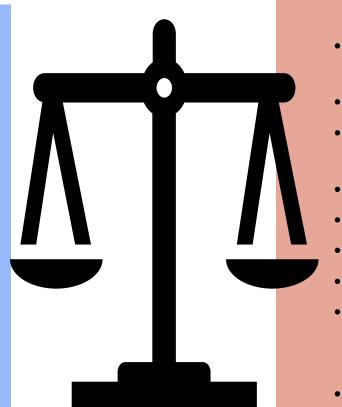
# **Lessons learned and programmatic improvements from NAERS**

NAE Type	Lesson(s) Learned
Infection	<ul> <li>Potential for serious necrotizing infection and a need for improved guidance on early diagnosis and management.</li> <li>Increased emphasis on infection prevention and control including additional resources on prevention and</li> </ul>
	management of surgical site infections
Tetanus	Tetanus associated with application of traditional remedies to the surgical wound necessitating improved wound
	<ul> <li>care education</li> <li>Increased tetanus risk with elastic collar compression devices led to recommendation not to use such devices</li> </ul>
	without documented appropriate vaccination
Bleeding	Need for improved screening for bleeding risk
	All episodes of post-operative bleeding should have close follow up and a second episode of post-operative
	bleeding should trigger referral
	• Due to the familial nature of Hemophilia A, providers advised not to perform VMMC on the brothers and cousins related through maternal aunts of clients with a bleeding disorder without proper preoperative evaluation.
Penile Injury	• Increased risk with forceps-guided technique in clients <15 and guidance for dorsal slit technique in this
	population
	• Age <15. increased risk of fistula, generated hypotheses on mechanisms of injury and interventions to minimize
	risk
	<ul> <li>Increased risk of penile injury in young adolescents prompted policy change to increase minimum age of eligibility to 15 years</li> </ul>

# Lessons learned: art and science of demand creation needs supply <u>and</u> demand-focuse<u>d interventions</u>

### Supply

- Making services
   available closer to
   clients (e.g., mobile
   services, roving teams,
   make-shift sites)
- Focus on providers (one size does not fit all)
- Differentiation of services (young men vs. 30+; VIP)
- Focus on quality
- Men's health services



#### Demand

- 1:1 mobilization (one size does not fit all)
- Incentivizing mobilization
- Involving community leaders and gatekeepers
- Campaigns
- Using female partners
- Incentives
- Use of sports
- "Selling" other aspects of VMMC beyond HIV prevention (e.g., STIs)
- Digital tools for innovation

# Implications for new and emerging HIV prevention strategies

Data to inform targets, advocacy and funding

Art & science of demand creation

Prioritizing quality and safety

Pillar	Indicator		Benchmark in line with 2025 targets	2021 reporting
Key populations	Percentage who	Sex workers	90%	63%
	received at least two HIV prevention interventions in the past three months	Gay men and other men who have sex with men	90%	49%
		People who inject drugs	90%	36%
Young women	Locations with moderate and high HIV incidence with a programme for adolescent girls & young women		90%	41%
	Condom use with no women 15–24	n-regular partners among young	80%1	48%
Boys and men	Annual number of vo	luntary medical male circumcisions	5 million	2.8 million
Condoms	Condom use with no aged 15–49	n-regular partners among men	80%	61%
ARV-based prevention	Percentage of all people living with HIV on antiretroviral treatment		90%	72%
	Number of people who used PrEP at least once in 2021		10.6 million	1.5 million

Source: GPC 2022 scorecards. Note: Percentages are for 28 initial GPC focus countries and are only shown for indicators, for which values were available for at least 50% of the initial GPC focus countries. The first four indicators are based on a special analysis for the GPC scorecard. Absolute numbers for VMMC are for 15 VMMC focus countries, whereas numbers for PrEP for all countries globally.

# What comes next?

## What comes next?

- Continued scale up in nearly all countries with some reaching high levels of MC coverage (nationally or in specific SNUs); but gaps remain
- Modeling confirms that VMMC continues to be cost-effective and -saving
  - Without a **highly-effective, durable vaccine**, difficult to imagine a prevention intervention with comparable impact
- Men now have additional HIV prevention options
- Declining VMMC funding threatens to reverse previous gains
- Success of the program has also meant lack of attention
- Sustaining VMMC services, will take more than resources (e.g., leadership, capacity, demand, integration into broader health network [and others])

# Sustainability: still in process, but some gains

- Sustainability of overall HIV response: each donor-supported VMMC done now permanently decreases the cost of the entire response in future
- In the 2022 WHO VMMC sustainability landscape report, most countries self-scored intermediate (yellow, bottom right) in most areas
- Key next step is integration into national health services: VMMC led, supervised and done by national providers, and offering men other key services

Country	Finance	Leadership	Service Delivery	Strategic Information	Supplies	Workforce
D - t						
Botswana	Intermediate	Intermediate	Intermediate	Intermediate	Advanced	Intermediate
Ethiopia	Intermediate	Intermediate	Intermediate	Intermediate	Advanced	Intermediate
Eswatini	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate
Kenya	Early	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate
Lesotho	Intermediate	Intermediate	Intermediate	Intermediate	Advanced	Intermediate
Malawi	Early	Intermediate	Intermediate	Intermediate	Intermediate	Early
Mozambique	Early	Intermediate	Advanced	Intermediate	Advanced	Advanced
Namibia	Intermediate	Advanced	Intermediate	Advanced	Advanced	Intermediate
Rwanda	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate
South Africa	Advanced	Advanced	Intermediate	Intermediate	Advanced	Advanced
South Sudan	Early	Early	Early	Early	Early	Early
Tanzania	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate
Uganda	Intermediate	Intermediate	Intermediate	Intermediate	not submitted	Early
Zambia	Intermediate	Advanced	Advanced	Intermediate	Intermediate	Intermediate
Zimbabwe	Early	Intermediate	Intermediate	Intermediate	Advanced	Intermediate

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  - MOH
  - USG
  - Global Fund
  - Implementing Partners
- The 33+ million men who accessed VMMC



# Thank You! / Disclaimer

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the U. S. Centers for Disease Control and Prevention.

