PRVENTION SERVICE PACKAGES AND DELIVERY PLATFORMS

Where the “rubber meets the road”

Gina Dallabetta
Ten-point plan for accelerating HIV prevention at the country level

1. Conduct a strategic assessment of key prevention needs and identify policy and programme barriers to progress.
2. Develop or revise national targets and road maps for HIV prevention 2020.
3. Strengthen national prevention leadership and make institutional changes to enhance HIV prevention oversight and management.
4. Introduce the necessary policy and legal changes to create an enabling environment for prevention programmes.
5. Develop guidance, formulate intervention packages and identify service delivery platforms, and update operational plans.
7. Establish or strengthen social contracting mechanisms for civil society implementers and expand community-based programmes.
8. Assess available resources for prevention and develop a strategy to close financing gap.
9. Establish or strengthen HIV prevention programme monitoring systems.
10. Strengthen accountability for prevention, including all stakeholders.
Requirements for operational plan

- Defined target population(s)
- Coverage targets, e.g. 90%
- Standard service packages target populations should receive
- Clear description of how population will be reached, by whom, through which delivery platform – SOP
- Monitoring system for coverage, intensity, quality
- Active management
Reduce new HIV infections by 75% (compared with 2010)

**Impact**

**Outcome targets**
- 90% condom use at high-risk sex (non-regular or paid partners)
- 90% use of needle-syringe programmes and 40% of opioid substitution therapy (by people who inject drugs)
- 90–90–90 for antiretroviral therapy/3 million use pre-exposure prophylaxis
- 90% of men aged 15–29 circumcised (in 14 high-priority countries)

**Key locations/populations**
- 90% of adolescent girls, young and adult women and men in high-prevalence settings access combination HIV prevention
- 90% of key populations* access combination HIV prevention

**Service delivery platforms**
- Health facilities, schools, community outreach, private sector

**Tailored combination prevention packages**
- Condoms, lubricants and safe behaviours
- Antiretroviral-based prevention
- Voluntary medical male circumcision
- Harm reduction
  - Economic empowerment, HIV integration with sexual and reproductive health and rights, girls' secondary education, comprehensive sexuality education, community mobilization, risk reduction communication and demand creation, prevention of gender-based violence, stigma reduction programmes and access to justice

**Leadership, financing, conducive legal and policy environment, multisectoral management, accountability**

*Sex workers, men who have sex with men, transgender, people who inject drugs, prisoners.*
The Sex worker implementation tool

The package contains.....

The tool also provides provides.....

- Detailed description of interventions and approaches by and with sex workers
- Case examples from around the world
- Ideas for addressing challenges in implementation
- Lists of practical resources available online
Example of a combination HIV prevention package for men who have sex with men

- **Enabling environment**
  - Empowerment: addressing laws and rights of men who have sex with men

- **Clinical services**
  - HIV testing services + antiretroviral medicine-based strategies (antiretroviral therapy, pre-exposure prophylaxis)
  - Other health services (sexually transmitted infections)

- **Community based services**
  - Opinion leaders and new media approaches
  - Community/peer-led outreach services
  - Condoms and lubricant programming

- **90% access to tailored prevention services**
DREAMS Package for Adolescent Girls and Young Women

- Community Mobilization & Norms Change
- Mobilize Communities for change
- School-Based Interventions (HIV & Violence Prevention)
- Parenting/caregiver Programs
- Reduce Risk of Sex Partners
  - Characterization of male partners to target highly effective interventions (HTS→ART, VMMC)
- Empower Girls & Young Women and reduce risk
  - Social Asset Building
  - Social Protection (Education Subsidies, Combination Socio-Economic Approaches)
- Strengthen Families

Youth-friendly sexual and reproductive health care (Condoms, HTC, PrEP, Contraceptive Mix, Post-violence care)
<table>
<thead>
<tr>
<th>Age Group</th>
<th>Biomedical</th>
<th>Facility Level</th>
<th>Behavioural</th>
<th>Structural</th>
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<tbody>
<tr>
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<tr>
<td>10-14</td>
<td>• SRH education clubs in schools, • HTC</td>
<td>• HTC</td>
<td>• Life skills training e.g., Stepping stones, Creating Futures</td>
<td>• Programmes to keep girls in school;</td>
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<tr>
<td>Young Women at Risk (15-24 Years)</td>
<td>• Condoms - female and male   • Family Planning   • Emergency contraception, • HTC • STI screening and treatment</td>
<td>• PEP</td>
<td>• Evidence Informed Behavioural interventions-e.g., Health Choices,</td>
<td>• Programmes to keep girls in school;</td>
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<td>• eMTCT</td>
<td>• Positive health dignity and prevention, Promoting Condom use, Partner HTC</td>
<td>• GBV reduction;</td>
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<td>• PrEP</td>
<td>• Build social assets</td>
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Six core packages of interventions: 3

1. **Peer outreach/education**: Distribute male and female condoms and lubricants; social and behaviour change communication, including information and negotiations skills; facilitate access to health services; promote rights and justice literacy.

2. **Health care**: Prevention (condoms, Pre-exposure prophylaxis, and medical male circumcision for male partners and male sex workers); testing and linkage to treatment for tuberculosis, HIV and viral hepatitis; broader sexual and reproductive health and rights services.

3. **Psychosocial service**: Addressing stigma and discrimination and violence against sex workers; child protection and counselling support; alcohol and drug dependency counselling and referral.

4. **Human rights**: Legal literacy and services; work with police services to eliminate practice of using possession of condoms, lubricants, antiretroviral therapy, or other legal commodities as evidence of sex work and grounds for confiscation or arrest.

5. **Social capital building**: Collective identity mobilization and community empowerment.

6. **Economic empowerment**: Skills Building, career planning and educational improvement.
HIV service packages for sex workers in South Africa
(adapted from The South African National Sex Worker HIV Plan, 2016)

Three tiers of service delivery:

1. **Peer outreach**: the backbone of the response.

2. **Dedicated clinics** in areas of high-density sex worker numbers (more than 3000 sex workers per district).

3. **Mobile services** in low density (fewer than 3000 sex workers per district), delivered at hotspots with support from outreach teams.

Enabling environment:

1. All stakeholders help to **improve sex workers’ well-being**.

2. **Supportive policies**.

3. Efforts towards **legal reform** in order to reduce stigma, discrimination and violence against sex workers.
Summary and recommendations

• Definition of service packages and platform essential element of 10-point action plan

• Global guidance and good practice examples exist – on coalition website.

• All countries encouraged to define standard packages and platforms – adapt from existing work.