South Africa

Prevention service packages and delivery platforms: sex workers and adolescent girls & young women

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• Context
• Instructive policies and guidelines
• Sex Workers
  – Service Package
  – Models of service delivery

• Adolescent girls and young women
  – Service Package
  – Service delivery platforms
• Approximately 7.9 million people of all ages (0+ years) were living with HIV (PLHIV) in South Africa in 2017*.

• HIV prevalence among adults aged 15 to 49 years in South Africa is 20.6 percent; 26.3 percent among females and 14.8 percent among males*.

**Sex Workers**

• There are ~153 000 sex workers in the country (138 000 are female)
• HIV prevalence ranges from 40%-88%
• Sex workers and their clients account for upwards of 6% of all new HIV infections in the country

**Adolescent girls and young women**

• Every week in South Africa ~1300 AGYW are newly infected with HIV
• Disparity in HIV prevalence by sex is most pronounced among young adults: HIV prevalence among 20 to 24 year-olds is three times higher among females (15.6%) than males (4.8%)*

Instructive policies and guidelines
The programme utilises a comprehensive combination prevention approach to sex workers using a peer education approach.
A 3-tiered delivery approach is proposed, supported by peer educators based on the density of sex workers in the given area:

**Tier 1 (<500 sex workers per district): mobile services delivered at hotspots and on streets where sex workers operate, supported by outreach teams**
- Outreach teams consist of sex worker peer educators and clinical staff (as necessary)
- Prevention, screening and treatment are delivered at the hotspots

**Tier 2 (>3000 sex workers per district): dedicated key populations clinics offering dedicated sex worker services**
- Flexible working hours to accommodate sex worker activities and risk
- Emergency PEP, family planning, emergency contraception, rape services

**Tier 3 (500-3000 sex workers per district): combination of mobile services; fixed clinic services and outreach teams**
Adolescent Girls and Young Women: Core Package of Interventions

**Core Package Interventions**

**Biomedical Interventions**
- HIV Testing Services
- HIV prevention services (combination prevention)
- Treatment adherence programmes
- Sexual Reproductive Health Services
- Contraceptive services
- Antenatal & postnatal services: HTS, PMTCT, UTT
- GBV services: Screening, Counselling & Support, PEP, TOP
- Substance abuse programmes (Prevention, treatment, rehabilitation)
- Psychosocial support should form part of all interventions provided

**Behavioral & Structural Change Interventions**
- Risk reduction programmes for high risk groups (Stepping Stones, Prepare)
- Community mobilisation and norms change programmes
- Parenting programmes (Families matters, Sinoyo, Thula Sana, Shokho)
- Coping and adjustment with stigma and discrimination (Community Action Model, Sondela)
- Career guidance and support (Techno Girls, lifeskills Skokho for schools)
- Economic empowerment
- Positive discipline for teachers

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**15-23 Positive Girls & Women**

*Core Package of Interventions*
- Gender Based Violence programmes
- Parenting training for families for teen parents and for teen parents
- Substance abuse programmes (Prevention, treatment, rehabilitation)
- Expanded public works employment programme
- Additional support for teen parents (WBOTS)
- Increasing the AYFS services

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**<19 Girls & Boys in School**

*Core package of interventions*

**Integrated School Health Services**
- HIV testing services
- Sexual reproductive health services
- Condom distribution on request
- Contraception on request
- Pregnancy test & referral
- Emergency contraception
- Referral for male medical circumcision
- Referral for termination of Pregnancy
- Information, education & communication (SRH, sexuality, HIV, VMMC, substance abuse, abuse, bullying, GBV, gender relations)
- Life skills orientation (scripted lessons)
- National school nutrition programme
- Gender based violence awareness programmes (GEM/BEM DBE)
- Community social grants to economically vulnerable children
- After school support programmes
- Keeping girls in school programmes & Tracing of learners dropped out of schools
- Parenting programmes for families**
- Psychosocial support programmes
- Risk reduction (Respect for you)
- Incentive schemes for girls that remain in school until matric to access higher education

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**15-23 TVETs Higher Education**

*Core package of interventions*
- Information, education & communication on (SRH, sexuality, HIV, contraception, VMMC, substance abuse, abuse, bullying, GBV)
- NSFAS bursaries increase access
- Economic empowerment, employment and career development programmes
- Support programmes post secondary learners

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**<19 Girls & Boys out of school**

*Core package of interventions*
- Parenting training for families for teen parents
- Substance abuse programmes (Prevention, treatment, rehabilitation)
- Expanded public works employment programme
- Additional support for teen parents (WBOTS)
- Increasing AYFS compliant facilities

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**23-29 HIV Negative Women**

*Core package of Interventions*
- Gender Based Violence programmes
- Youth development programmes
- Economic empowerment, employment and career development programmes

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**23-29 HIV Positive Women**

*Core package of Interventions*
- Gender Based Violence programmes
- Youth development programmes
- Economic empowerment, employment and career development programmes

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**23-35 HIV Positive Men**

*Core package of Interventions*
Adolescent Girls and Young Women: Service Delivery Platforms

- She Conquers has been rolled out in a way which focuses for impact
- 22 priority sub-districts have been prioritized for implementation*

Implementation leverages on existing government and donor-funded service delivery platforms for AGYW, linked to the population sub-groups including male sex partners

*Algorithm included: population size, teen pregnancy rates, HIV prevalence, #PLHIV, levels of school drop out & experiences of SGBV
Thank You

ZERO
new HIV and TB infections
ZERO
new infections due to vertical transmission
ZERO
preventable HIV and TB deaths
ZERO
HIV and TB discrimination