THE STATE OF HIV PREVENTION IN PAKISTAN 2020

The number of adults newly infected with HIV increased from 13,000 in 2010 to 23,000 in 2019, a 74% increase.

**Policy and structural barriers**

**Key populations**

<table>
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<tr>
<th>Sex workers</th>
<th>Gay men &amp; other men who have sex with men</th>
<th>People who inject drugs</th>
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<td>Yes</td>
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Criminalization of the behaviour of key populations

The national strategy includes critical elements of the programme package for key populations

Avoided health care because of stigma and discrimination

**Adolescent girls and young women**

Proportion of women who experienced intimate partner violence

Girls who completed lower secondary education

Policies on life skills-based HIV and sexuality education (secondary schools)

Laws requiring parental consent for adolescents to access sexual and reproductive health services

**HIV prevention adaptations during COVID-19**

Key populations

- Condoms
  - Yes
  - No

- Pre-Exposure Prophylaxis (PrEP)
  - Yes
  - No

- HIV treatment
  - Yes
  - No

- Safe injecting equipment
  - Yes
  - No

Note: ‘Yes’ refers to the adaptation having been introduced (not necessarily being universally available).

**Linkages between HIV and sexual and reproductive health services**

- HIV testing services integrated within sexual and reproductive health
- Provider-initiated condom promotion in family planning services

**Implementation of Prevention 2020 Roadmap**

**Ten actions**

1. HIV prevention needs assessment
2. HIV prevention targets
3. HIV prevention strategy
4. Legal and policy reforms
5a. Key population size estimates
5d. Defined key population package
5c. Adolescent girls and young women size estimates
5d. Adolescent girls and young women package
6. Capacity development and technical assistance plan
7. Social contracting
8. HIV prevention financial gap analysis
9. Strengthen programme monitoring
10. Performance review

**Data sources:** UNAIDS 2020 HIV estimates; Global AIDS Monitoring 2020; Global HIV Prevention Coalition progress survey 2020; and ICF – the DHS Program STATcompiler.

Note: ‘Partly done’ indicates that the activity was partially delivered (but not necessarily fully implemented).

**Target 2010–2020**

**Change in new HIV infections**

- Adults
  - 2010: 13,000
  - 2019: 23,000
- Young women (15-24 years)
  - 2010: 5,000
  - 2019: 10,000
- Young men (15-24 years)
  - 2010: 5,000
  - 2019: 10,000
- Sex workers (≥25 years)
  - 2010: 2,500
  - 2019: 5,000
- Gay men and other men who have sex with men (≥25 years)
  - 2010: 1,200
  - 2019: 2,400
- People who inject drugs
  - 2010: 2,000
  - 2019: 4,000

**HIV prevalence**

- Young women (15-24 years)
  - 2010: 20%
  - 2019: 40%
- Young men (15-24 years)
  - 2010: 10%
  - 2019: 20%
- Sex workers (≥25 years)
  - 2010: 50%
  - 2019: 100%
- Gay men and other men who have sex with men (≥25 years)
  - 2010: 0.5%
  - 2019: 1%
- People who inject drugs
  - 2010: 0.1%
  - 2019: 0.2%